

## REGISTRATION

Registration for retreat

Register up to 3-26-24 is \$50

From 3-27-24 to 4-26-24 is \$60

Checks or Money Orders to: DSIG

Send to:  
DSIG - Leslie Friedman  
1100 Lore Ave, #403  
Wilmington, DE 19809  
PayPal to:  
dsigbeachretreat@gmail.com

## Reservations directly to Hotel

Call: (800)641-0011

Request Overeaters Anonymous room  
block to receive discounted rates.

West View and Partial View  
\$115.00 per room/night  
\$ 85.00 additional nights (Thurs/Sun)

Ocean Front  
\$145.00 per room/night  
\$115.00 additional nights (Thurs/Sun)

Limited accessible Standard rooms  
\$100.00 per room/night  
\$ 85.00 additional nights (Thurs/Sun)

Plus applicable taxes.

Hotel reservation cut off is March 26,  
2024

## 2024 FINDING THE POWER

### WITHIN THE STEPS

#### Highlights

Bring a raffle basket donation to contribute  
toward future retreats

#### Friday Night

Dance and Game Night (Bring your favorite  
game)

#### Saturday Night

Entertainment, Fashion Show, Talent Show  
and Costume Contest

For more info on Costume Contest see  
[www.oadelaware.org](http://www.oadelaware.org) under events

If you have questions please call:

Kris- cell:443-553-7965

home 410-658-2791

Leslie - cell 302-723-9167

Email - dsigbeachretreat@gmail.com

## 45<sup>th</sup> Annual Retreat

# FINDING THE POWER WITHIN THE STEPS



## NEW LOCATION!

### Carousel Hotel

11700 Coastal Highway (beach front)

Ocean City MD 21842

(800)641-0011

[www.carouselhotel.com](http://www.carouselhotel.com)

## April 26-28,2024

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## Retreat Highlights

Expect inspirational meetings, recovery workshops, beautiful beach; Friday night dance and game night; superhero costume contest; indoor pickle ball; karaoke: talent show; fitness center; indoor pool & hot tub; indoor ice rink

### Registration before 3-26-2024

**Reduced rate \$50.00**

### Registration 03-27-2024 until event

**Rate \$60.00**

### Reservations directly thru hotel.

**The Carousel Hotel**

**(800)641-0011**

**Limited rooms.**

**First reserved, first get.**

**Request Overeaters Anonymous  
room block to receive  
discounted rate,**

## Important information

Hotel check in starts 04-26-24 at 4pm

Retreat registration starts 04-26-24 at 4pm  
in the Atrium.

First session is 4-26-24 at 7pm

Room amenities include microwave,  
refrigerator and coffee pot

Non-smoking hotel

Ample free parking in lot & garage

On site restaurant

Local eateries and grocery stores

Hotel check out is 10am

Sofa beds available in all rooms

No outside food in meeting rooms or public  
areas

CUT ALONG DOTTED LINE & MAIL

DSIG- Leslie Friedman

1100 Lore Ave #403

Wilmington, DE 19803

Your Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Email (confirmation sent via email) \_\_\_\_\_

Are you willing to give Service? \_\_\_\_\_

Chair a workshop? (30 days abstinence required) \_\_\_\_\_

Registration \_\_\_\_\_ Set up/clean up \_\_\_\_\_

Other \_\_\_\_\_